

WELCOME

VISION *The Wyong Catholic Parish is a welcoming, caring dynamic community*

MISSION STATEMENT *We will live and proclaim the message of the Gospel :*

Engage, Participate, Reach out and Transform

23RD NOVEMBER 2025

OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

WYONG CATHOLIC PARISH

ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL

Under the Pastoral Care of the

Society of Our Lady of The Most Holy Trinity (SOLT)



REFLECTION—The scriptures for today's feast, the final Sunday of the Church's year, gives a clear reminder that there will come a time when all that we can see and touch on earth will be no more. Even secular science admits that life on earth will not last forever.

This reality brings a clarity to human vision, helping us to keep the struggles of earthly existence in a broader, deeper, eternal and loving divine perspective. The invitation is to live every moment with the quality that we would like to see in our last hours on earth.

In years past today's feast of Christ the King and the associated last judgement scriptures provided food for fearsome preachers who seemed to delight in fire and brimstone methods. Tragically such preachers had themselves been misled into thinking that fear of hell is an effective communicator of the beauty of life with God. Today we who embrace a life of faith and who pray with the Church every Sunday are considered to be a bit odd. However, we are responding to a truth—religious belief and practice is of the nature of a healthy human person. While we might be able to survive or exist, cope or endure alone, we cannot truly live without God, now and eternally.

Reproduced from God's Word 2025: Daily Reflections, Published by St Pauls Publications, Strathfield.

PARISH CALENDAR—IMPORTANT DATES

- ◆ **5th Dec**—Ecumenical Christmas Carols 6pm
- ◆ **19th Dec**—Parish Christmas Dinner at SJF school hall

With all of our wonderful Parish events coming up, they require many hands and lots of organization to keep them going. We would love your help! Should you wish to volunteer for any of these events, please contact the Parish Office as soon as possible. Many Thanks.

November—Month of Remembrance

It is customary for us to acknowledge All Souls in November.
"It is therefore a holy and wholesome thought to pray for the dead, that they may be loosed from sins." 2 Maccabees 12.46

Our Book of Remembrance (Memorial) will be put up near the Sanctuary of the Church from All Souls Day and will remain throughout November.

November Mass Offering Envelopes

There are envelopes available for you to write the names of your beloved deceased. Please put the envelopes into the special box near the sanctuary in both Churches. All Masses in November will be offered for our departed brothers and sisters.

UNABLE TO STAND IN LINE FOR COMMUNION? USE THE YELLOW BAND!

Please use the yellow bands located at the back of the Church (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto the side of the pew where you will be seated.
 Our Priest or Eucharistic Minister will see this and will tend to you at the end of Communion.

Parish Finance Update

Parish Finance update for the first quarter of the year, ending 30 September 2025.

Total income year-to-date is \$43,054 (up on last year and boosted by a one-off revenue item). Total Expenses for the year have increased slightly to \$34,089 (mostly due to repairs).

A big thank you to all those parishioners who have increased their contribution and any new parishioners who have commenced their contribution.

Your support of our Parish is appreciated.

Joe Cesca

Chairman of the Parish Finance Committee

A Cup of Blessing: The Return of Holy Communion from the Chalice

From Bishop Anthony Randazzo's Pastoral Letter "The Mystery of Faith: Encountering Jesus Christ in the Eucharist"

The Holy Eucharist is the source and summit of our Christian life. In every Mass, Christ gives himself to us fully, under the appearances of bread and wine. For many years, the faithful in our Diocese of Broken Bay were able to receive both the consecrated host and the Precious Blood, a beautiful sign of sharing in the fullness of the Eucharistic banquet.

However, as we all remember, the COVID-19 pandemic brought about many necessary changes and some unwelcome interruptions. One of those was the temporary suspension of Communion from the chalice. This was not done to deprive the faithful of grace, nor to cast doubt on the fullness of Communion received under one species. Rather, it was a decision made out of pastoral concern, an expression of care for our brothers and sisters, and for the common good.

Now, with joy and pastoral care, as the Bishop of Broken Bay, having prudently consulted priests and people from our community, I have taken the decision that from the Solemnity of Christ the King, Sunday, 23 November 2025, Holy Communion from the chalice will once again be made available throughout the diocese.

As we take up again this ancient and sacred practice, may we do so with deep gratitude, care for one another, and renewed awareness of the gift we receive in the Eucharist, Jesus Christ himself, poured out for us.



PASTORAL WORKS BROKEN BAY NOVEMBER 2025 APPEAL

Our Diocese of Broken Bay will be launching at the start of November, the Pastoral Works (PWBB) November Appeal. The Appeal supports various charities in our Diocesan community, particularly the Confraternity of Christian Doctrine (CCD) and the Hospital Chaplaincy and Pastoral Care Program. PWBB also supports St Lucy's School and St Edmund's College for students with disabilities, and the Ephpheta Centre supports the deaf community. This financial year, 2025/2026, Wyong Parish has been asked to contribute to the charity works of our Diocese with \$21,083. These ministries need our community's generosity as they get little or no Government funding. Please consider donating to help us reach this year's goal. You can donate at any time, not only during May or November.



ALL DONATIONS OVER \$2 ARE TAX DEDUCTIBLE!

Your generosity is much appreciated, and your donations will help someone within your Parish or the wider local Broken Bay community.

**You can also make a donation by scanning the QR code.*



CHILDREN'S LITURGY—YOU'RE INVITED !

All children are invited to attend the children's Liturgy at our weekend masses. Children's Liturgy is when the children leave the congregation to celebrate and reflect on the Sunday Gospel reading in an age appropriate way.

The children are led through prayers, songs and readings that are adapted to their level of understanding. *(Please ensure there is a parent/guardian for children under 5yrs old; all parents/guardians welcome).*



Attending Mass together is a part of being a Catholic Family, while Children's Liturgy allows children to enter the celebration more fully by catering to their needs.

Mass with Children's Liturgy:

St Cecilia's Church, Wyong Sunday 9.30am

St John Fisher Mass Centre, Tumby Umbi—Sunday 5:00pm



Speak with Maria to find out how you can volunteer!

365 Pacific Highway
 North Wyong NSW 2259
 PO Box 786
 Wyong NSW 2259



Ph: 02 4351 8004
 Ph: 02 4392 8777

BOWDEN FAMILY FUNERALS

All Areas ~ Australian Owned

Anita Bowden - Director
 anitabowden@cci.net.au



*We do not think of it as a job...
 it is an Irish honour.*



Ensuring your loved ones are cared for with the respect & dignity you would wish.
 Flexible arrangements to suit your needs. Professional assistance and caring advice.

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www.tuggerahphysio.com.au

ST CECILIA'S FEAST DAY—Sat 22nd November

Lord, we thank you for the gift of St Cecilia, for her example of Love and her heart song.

O glorious St. Cecilia, virgin and martyr, you won the martyr's crown without renouncing your love for Jesus, the delight of your soul. We ask that you help us to be faithful in our love for Jesus, that, in the communion of the saints, we may praise Him twice in our song of rejoicing for the Blood that He shed which gave us the grace to accomplish His will on earth. Amen.



ECUMENICAL CHRISTMAS CAROLS

Friday 5th December 6.00pm St Cecilia's Church

An old tradition is returning. Wyong Catholic Parish will host Christmas Carols with Wyong Anglican Parish. Come along to celebrate the birth of Jesus with Prayers, Readings and Christmas Carols. Supper will be available afterwards, outside St Cecilia's church. Please bring a plate to share. **All are welcome.**

ADVENT BOOKLETS

The Advent theme for the year is "History, Mystery & Majesty. The Advent Booklets are a resource with beautiful reflections and prayers to guide you through this advent season. Please find a copy of the Advent Booklets in the Church. You will also find in the church 'A charter of the Ecclesial life of the Diocese of Broken Bay'

Pope's Prayer Intention—November

During the month of November, Pope Leo invites us to pray that all parents who mourn the loss of a son or daughter might find consolation in their community, and may receive peace of heart from the Spirit of Consolation.

DEVELOP COMMUNITY SELF-RELIANCE AND CREATE LASTING CHANGE!

DISCOVER HOW YOU CAN GET INVOLVED IN PALMS INTERNATIONAL VOLUNTEERING

Discover Palms International Volunteering [online](https://palms.org.au) in these two special sessions where you'll hear how skill-exchange makes a lasting impact in communities in our Southeast Asian region.

1. Explore our **GAP YEAR opportunities** for (18-25yo) Year 12 graduates and university students, that could shape your future.

Date: Thursday 4 December 2025
Time: 6pm or 9pm AEDT (NSW/VIC/ACT/TAS)

2. Join our **TIMOR-LESTE ENCOUNTER** Information session for those who would like a short taste and tour of Palms placements to Timor-Leste from 14-27 May 2026.

Date: Monday 8 December 2025
Time: 7.30pm-8.30pm AEDT (NSW/VIC/ACT/TAS)

Venue: ONLINE-Scan the QR code or register at palms.org.au/events
02 9560 5333—palms@palms.org.au

SCAN ME



Invitation to celebrate Weekday Mass with the students from St Cecilia's Mondays 9.15am & St John Fisher Tuesdays 9.15am (School Term only)

We encourage and extend a warm welcome to ALL parishioners to this beautiful half hour week day Mass.

**Please Note—Mass at St Cecilia's may vary depending on weather conditions.*

Main Liturgical Feasts: November

21. Presentation of The Blessed Virgin Mary, 22. St Cecilia, 23. OUR LORD JESUS CHRIST, KING OF THE UNIVERSE, Solemnity, 24. Andrew Dung-Lac and Companions, 25. Catherine of Alexandria, 30. Andrew the Apostle.

PLANNED GIVING—Dear Parishioners, should you wish to donate electronically, please see details below.

We appreciate all offerings and support gifted to our Parish!

To support the Priests (1st Collection):

Acc name: SOLT Australia Inc
BSB: 062 195
Acc no: 1022 9389

To support the running & upkeep of the Parish (2nd Collection):

Acc name: Wyong Catholic Parish
BSB: 062 784
Acc no: 100 001 943



COMMUNION BLESSING

You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing.

Please remember if you are receiving communion, the consecrated host must enter your mouth to be consumed before returning to your seat.



Extra Mower's Required

If there is any person who would be kind enough to join us in mowing on the Church grounds please contact Brian Bugden on 4388 2938.

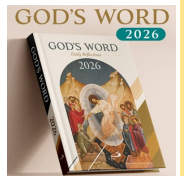
Depending on numbers, you will only need to mow approximately 3 times a year.

To make life a little easier our equipment consists of 2 ride-on-mowers and 2 self-propelled mowers. Thank you.

BOOK: GOD'S WORD 2026

God's Word 2026, \$20 a book. Please contact the parish office if you would like a copy.

These will also make for a great Christmas gifts!



Come join us!

We need YOU to join our Wyong Choir!

Don't let your talents go to waste - let us come together and praise God in song as one.

PRACTICE ON TUES 5PM AT ST CECILIA'S CHURCH

Parish E-Bulletin: If you would like to have the bulletin emailed to you, please send an email with "e-bulletin" as the subject to: wyongparish@bbcatholic.org.au

200 CLUB 2025

Prize change :

First prizes have been lowered by \$50.
Monthly Prizes: 1st \$250; 2nd \$150; 3rd \$100; 4th \$50
Major Prizes : 1st \$450; 2nd \$250; 3rd \$150; 4th \$100

DRAW RESULTS:

1st \$250	No 25	Gloria King
2nd \$150	No 124	Donation
3rd \$100	No 158	Elizabeth Fernandes
4th \$50	No 75	Joe Attard



Property Transfer Professionals

ARLENE BARNETT Licensed Conveyancer - JP

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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass

Mon-Sat: 8.00am, Monday 9.15am (School Term)

Reconciliation/Confession Saturday morning after the 8am Mass & Saturday at 4.30pm

ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

Reconciliation/Confession Saturday at 4.30pm

EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099

Fr Alex Ph: 0432 947 245

Fr Teody Ph: 0410 202 823

PARISH OFFICE: 23 Byron Street Wyong

Phone: 02 4352 1011 **Mail:** Po Box 385 Wyong 2259

OFFICE HOURS: Monday -Wednesday & Friday 9.30am to 2.30pm

PARISH CONTACTS

Parish Priest **Fr Raul Balute, SOLT Ph: 0450 115 099**

Email: raul.balute@bbcatholic.org.au

Assistant Priest **Fr Alex Barnedo, SOLT Ph: 0432 947 245**

Assistant Priest **Fr Teody Medina, SOLT Ph: 0410 202 823**

Parish Secretaries **Margaret Vandenberg & Christine Sassine**

PARISH EMAIL: wyongparish@bbcatholic.org.au

PARISH WEBSITE: <https://www.bbcatholic.org.au/wyong/>

FACEBOOK: www.facebook.com/wyongcatholicparish

Children's Liturgy at the following Masses

St Cecilia's 5:00pm Mass Saturday

St Cecilia's 9.30am Mass Sunday

St John Fisher 5pm Mass Sunday

BAPTISMS, WEDDINGS AND FUNERALS PLEASE CALL THE PARISH OFFICE

Mass St Barnabas, Yarramalong

1st Sun of month 11.15am

Filipino Mass St Cecilia's Church

3rd Sun of the month 12pm

Anointing of the Sick

First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration

St Cecilia's Daily 7am-8am

St John Fisher 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual

Help Saturday—St Cecilia's & Wednesday—St John Fisher (after the 8am Mass)

Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass

St John Fisher Fri after the 9:15am Mass

Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy

St Cecilia's Legion of Mary 9am Wed Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting

PPC Secretary: Kerry Bugden

Ph: 02 4388 2938

KEEP US IN YOUR PRAYERS

Prayer: The most valuable gift you can give someone.

SICK: Michael McDermott, Michele Bolton, Jeanine Doueih, Lisa Glanville, Margaret McDermott, Dave Rodney, Danae Roe, Milva Kefu, Georgina Mastroianni, Tahnia Ahuriri, Mary Anne Xuereb, Tony Sabat, Colleen Goodwin, Maureen Cross, Vince Bosco, Della Maude Proffit

RECENTLY DECEASED:

Barbara Barry, Josephine Imer, Fahim (Frank) Laoulach

ANNIVERSARY NOVEMBER:

Ron Mahoney, Marie Therese Bartlett, Frank Costa & Buttigieg Family, Martin Lloyd

SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or

Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.



THE LITURGY OF THE WORD

First Reading 2 Samuel 5:1-3

A reading from the second book of Samuel.

All the tribes of Israel came to David at Hebron. 'Look' they said 'we are your own flesh and blood. In days past when Saul was our king, it was you who led Israel in all their exploits; and the Lord said to you, "You are the man who shall be shepherd of my people Israel, you shall be the leader of Israel."' So all the elders of Israel came to the king at Hebron, and King David made a pact with them at Hebron in the presence of the Lord, and they anointed David king of Israel.

The word of the Lord.

Thanks be to God.

Responsorial Psalm Ps 121:1-5

R. Let us go rejoicing to the house of the Lord.

Second Reading Colossians 1:12-20

A reading from the letter of St Paul to the Colossians

We give thanks to the Father who has made it possible for you to join the saints and with them to inherit the light.

Because that is what he has done: he has taken us out of the power of darkness and created a place for us in the kingdom of the Son that he loves, and in him, we gain our freedom, the forgiveness of our sins.

He is the image of the unseen God and the first-born of all creation; for in him were created all things in heaven and on earth: everything visible and everything invisible, Thrones, Dominions, Sovereignities, Powers - all things were created through him and for him.

Before anything was created, he existed, and he holds all things in unity. Now the Church is his body, he is its head.

As he is the Beginning, he was first to be born from the dead, so that he should be first in every way; because God wanted all perfection to be found in him and all things to be reconciled through him and for him, everything in heaven and everything on earth, when he made peace by his death on the cross.

The word of the Lord.

Thanks be to God.

Gospel Acclamation Mark 11:9, 10

Alleluia, alleluia!

Blessed is he who inherits the kingdom of David our Father;
blessed is he who comes in the name of the Lord.

Alleluia!

Gospel Luke 23:35-43

A reading from the holy Gospel according to Luke

The people stayed before the cross watching Jesus. As for the leaders, they jeered at him. 'He saved others,' they said 'let him save himself if he is the Christ of God, the Chosen One.' The soldiers mocked him too, and when they approached to offer him vinegar they said, 'If you are the king of the Jews, save yourself.' Above him there was an inscription: 'This is the King of the Jews.'

One of the criminals hanging there abused him. 'Are you not the Christ?' he said. 'Save yourself and us as well.' But the other spoke up and rebuked him. 'Have you no fear of God at all?' he said, 'You got the same sentence as he did, but in our case we deserved it: we are paying for what we did. But this man has done nothing wrong. Jesus,' he said 'remember me when you come into your kingdom.' 'Indeed, I promise you,' he replied 'today you will be with me in paradise.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



Mary MacKillop Spirituality Centre Central Coast

Christmas Market – It's on **this Friday evening 28 November from 5.30pm.**

Come along – browse our stalls; share some food; listen to choirs; try your luck on the chocolate wheel; meet Santa and much more. See you there !

8 Humphreys Road, Kincumber South. NSW. 2251.
(02) 4368 2805

[Mary MacKillop Spirituality Centre, Central Coast, New South Wales](#)



"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

Matthew 11:28



November 2025

7th Nov (1st Friday)

Healing Prayer Service, 6:30pm-8:30pm

at Our Lady of Dolours Catholic Church, **Chatswood**

INNER HEALING RETREAT, 14th-16th Nov

Guided by Fr Sam Samuel VC & Fr Juby Varghese VC

Starts on Friday 5.30pm & ends on Sunday 4.00pm

For bookings: 02 4372 1598 or email: drcretreatrego@gmail.com

17th Nov (3rd Monday)

Healing Prayer Service, 7:00pm-9:00pm

at St Patrick's Church, 11 Macquarie street, **WALLSEND**

21st Nov (3rd Friday)

Holy Mass & Adoration, 6:00pm-9:00pm

at Our Lady Help of Christians, Church, 31 Oxford St, **EPPING**

30th Nov, 9:00am - 4:00pm

ONE DAY PILGRIMAGE (Last Sunday)

- Praise and Worship • Preaching the Word
- Eucharistic Adoration • Divine Mercy Chaplet • Holy Mass

ALL ARE WELCOME, NO BOOKING REQUIRED, BYO LUNCH



DIVINE RETREAT CENTRE

160 Hensons Road, SOMERSBY, SYDNEY-NSW 2250,

Tel: 02 4372 1598, email drtsydney@gmail.com

• www.divineretreatcentre.org • Find us on facebook

The Divine Retreat Centre promotes the safety and protection of children and other vulnerable persons in its care.



Join Us for an Advent Reflection Day

Guided by the Stars

As we enter the sacred season of Advent, we invite catechists to a special day of reflection inspired by the wonder of the night sky and the timeless hymn, "O Star of Wonder, Star of Light." Together, we will gaze upon the stars and meditate on where they might be leading us—in both our personal lives and our ministry. Just as the Wise Men followed the shining star to seek out the Christ child, let us ask ourselves: where are our own stars guiding us? How can we be guided by divine light to serve with renewed purpose and hope?

Come, reflect, and be inspired by the celestial journey that beckons us toward the light of Christ. We look forward to sharing this meaningful time with you.

Friday 21 November



Chatswood Parish

Magnificat Room (located on Kirk St Chatswood)



Monday 24 November

Manly Freshwater Parish

6 Raglan St Manly

Friday 28 November



The Entrance Parish Centre

239-243 The Entrance Rd, The Entrance



9:45am-2:00pm. Morning tea and Lunch provided.



Please RSVP



registrations@bbcatholic.org.au



8379 1643

Caitlin Douglas is a trained spiritual director, experienced retreat facilitator, and authorised giver of the Ignatian First Spiritual Exercises. With over 15 years of dedicated service as a catechist, Caitlin brings a heartfelt and insightful approach to spiritual discernment and growth. She is passionate about the radical hospitality of listening deeply—to ourselves, to God, and to others—and believes that authentic listening can transform lives. Through her work, Caitlin seeks to create space for genuine encounter with God's love, inspiring individuals to discover clarity, purpose, and renewed hope on their faith journeys.



ADVENT 2025 with The Catholic Guy Bruce Downes

Jesus is Coming - Time to Get Ready

Experience the life-changing love of Christ and be strengthened in your faith journey this Advent alongside many people from around the world with The Catholic Guy, Bruce Downes.

- * Inspiring and transforming talks
- * Opportunities to pray and reflect
- * Practical strategies for impactful living
- * Life-changing encounter with Christ

To help you go deeper in your prayer life and spiritual journey, you are invited to attend the Advent Mission Event Retreat online available from 29 November with unlimited streaming until the end of Advent. To find out more and register, go to: <https://TheCatholicGuy.com/missionevent>

Register now on the website or for more information, email: info@brucedownes.org



**THURSDAY 11 - SUNDAY 14
DECEMBER 2025
COBBITTY, NSW**

**YOU'RE
INVITED**

**RECEIVE THE
POWER AND BE
MY WITNESSES**

ACTS 1:8

iWitness is an annual Catholic young adults conference in Sydney. Through inspiring talks, uplifting worship, and the sacraments, participants are invited to grow in faith, deepen their love for God, and be renewed in spirit.



[iwitnessaustralia](https://www.instagram.com/iwitnessaustralia)



[iwitnessaustralia.com](https://www.iwitnessaustralia.com)



What if your gap year actually shaped your future?

GAP YEAR WITH PURPOSE

International Volunteering

February 2026

60+ years placing volunteers | Community-led development | Safe & structured



Palms International Volunteering has structured gap year placements in Cambodia, and Timor-Leste, starting February 2026.

This isn't just travel—it's real basic youth work experience with communities that have specifically requested support.

CURRENT ROLES:

- Youth accompaniment/English tutor (Don Bosco programs)
- Education Support (Timor-Leste)


DURATION: 12 months


WHAT'S INCLUDED:

- ✓ Comprehensive 4-day Orientation Course (12–15 Feb 2026)
- ✓ Accommodation & living allowance
- ✓ Travel insurance
- ✓ Ongoing in-country support
- ✓ Skills that universities and employers genuinely value

ONLINE INFORMATION SESSION

 Thursday 4 December 2025


 6pm or 9pm AEDT

 Students & Parents welcome
Join us online to learn about placements, ask questions, and meet the team.

SCAN ME

CONTACT:

 emily@palms.org.au

 02 9560 5333





Simbang Gabi

BROKEN BAY FILIPINO
CHAPLAINCY INVITES YOU
TO JOIN OUR CHRISTMAS
NOVENA MASSES THIS
DECEMBER 2025

Hornsby

OUR LADY OF THE ROSARY
CATHEDRAL

23 Yardley Ave, Waitara
15 - 23 Dec | 7:00 PM

Contacts:

Vilma Tolosa 0411 250 593
Cynthia Alipalo 0416 188 835

Dee Why

ST. KEVIN'S CHURCH
50 Oaks Ave, Dee Why
15 - 23 Dec | 7:00 PM

Contact:

Marlon Cabilao
0430 249 450

Chatswood

OUR LADY OF DOLOURS
94 Archer St, Chatswood

16 - 24 Dec | 5:30 AM

Contacts:

Giselle Goloy 0430 207 757
Dei Pagunuran 0466 817 254

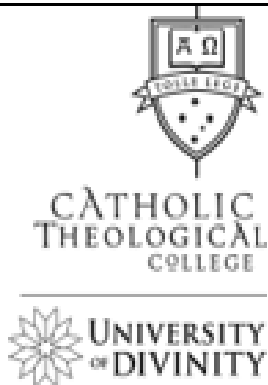
Wyong

ST. CECILIA'S CHURCH
Triduum Mass

23 Byron St, Wyong
21, 22 & 23 Dec | 7:00 pm

Contact:

Mona Santos
0406 998 422



Catholic Theological College

*Study scripture, theology,
pastoral ministry and spirituality*

2026 Enrolments are open

Face-to-face or online modes available

For more information: view our [2026 Prospectus](#) or
contact: registrar@ctc.edu.au

WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit www.catholiccaredbb.org.au/volunteer/ for more information



CatholicCare
Diocese of Broken Bay

VOLUNTEERS NEEDED

AGED CARE VOLUNTEER VISITORS SCHEME

www.catholiccaredbb.org.au/volunteer

Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

Tuesday – Thursday
10.00am-3.00pm or by appointment
Free entry, parking available
Bookings recommended

*You too are part of this continuing
and living heritage and we'd love
to welcome you.*

1 Rockwall Cres, Potts Point, NSW
T: 02 9138 0835
W: socheritagecentre.org.au
E: heritagecentre@rscoffice.com



**Sisters
of Charity**
of Australia

**HERITAGE
CENTRE**





DIOCESE OF BROKEN BAY PILGRIMAGE

SAT 29 NOV- WED 3 DEC

FLIGHTS + 4 NIGHTS ACCOMODATION + REGO

\$1,645 PER PERSON, INCL GST

Limited opportunity for \$500 subsidy

Reducing cost to \$1,145

Day 1	Sat 29 Nov	Departure (Travel Day)
Day 2	Sun 30 Nov	ACYF
Day 3	Mon 1 Dec	ACYF
Day 4	Tue 2 Dec	ACYF
Day 5	Wed 3 Dec	Return (Travel Day)

TO REGISTER INTEREST TO
ATTEND ACYF - PLEASE SCAN



BROKEN BAY PILGRIMAGE ONLINE INFORMATION EVENING



7PM MON 11 AUGUST 2025
TO REGISTER VIA EMAIL -
PLEASE SCAN



INCLUSIONS

- Economy class return airfare from Sydney
- 4 nights' Accommodation Holiday Inn Express
- Breakfast daily
- Broken Bay Group dinner 29 November
- Return airport coach transfers
- ACYF Melbourne Registration fee
- Broken Bay Pilgrim T-Shirt

Not included:

- Travel insurance
- Lunches and dinners on festival days

Pilgrimage is open to young people in Year 9 at school, through to the age of 25, and their leaders and clergy.



CATHOLIC
DIOCESE OF
BROKEN BAY

mission@bbcatholic.org.au

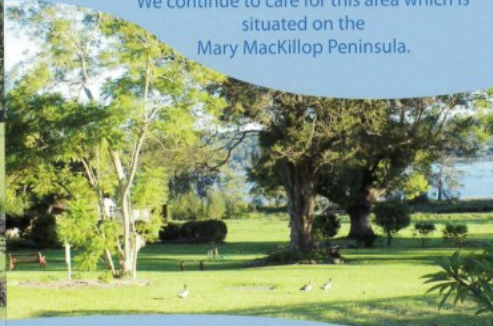
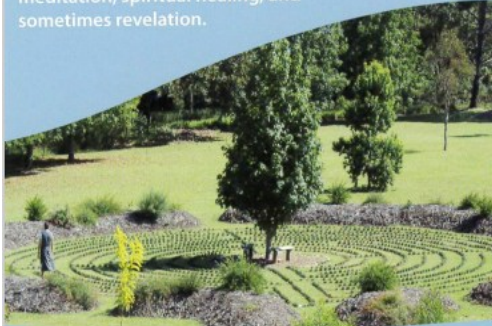
St Joseph's Spirituality and Education Centre Kincumber South

The abundance of natural beauty which surrounds the Centre will ensure your stay is unforgettable, enjoyable and restful.

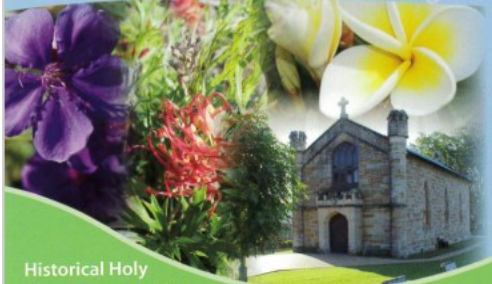
The labyrinth is a place for prayer, meditation, spiritual healing, and sometimes revelation.

We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

We continue to care for this area which is situated on the Mary MacKillop Peninsula.



Peace and Tranquility



A Ministry of the Sisters of St Joseph
NSW Province

The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to relieve suffering and bring hope to today's world.

St Joseph's Spirituality and Education Centre offers the opportunity for individuals and groups to experience spiritual enrichment and personal development in a peaceful and spacious setting. The facilities are available to those whose purpose is in harmony with the spirit and philosophy of the Sisters of St Joseph.

Historical Holy Cross church built in 1842 presents itself right in front of our Centre.

St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251
Phone: 02 43682805 : Fax: 02 43683849
Email: bookings@stjosephsretreat.org.au
Web: www.stjosephskincumber.org.au



Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.

Facilities

St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern ensuites.

Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts
Retreats
Conferences
Group Seminars
Small Group Meetings
Bible Study Groups
Prayer Days

Sound and visual equipment for conferences are available on request.

Walking Tracks and Gardens

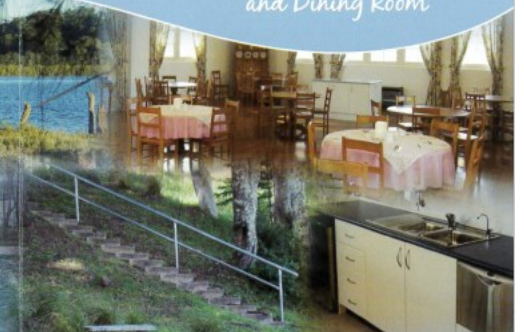
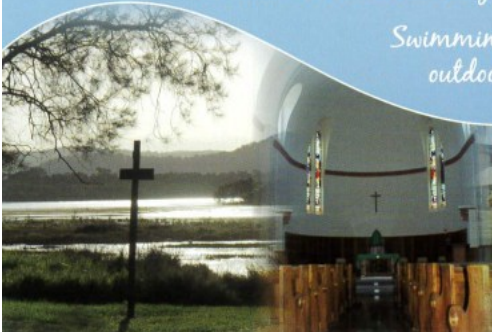
Meditation Areas and Mary of the Cross Walk

Swimming pool and outdoor patio

Chapel and prayer rooms

Conference Rooms

Lounge, Tea Bays and Dining Room



WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR **HOME CARE PACKAGES**

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.

Name

Suburb Phone

Email

Do you currently have Home Care Package funding from the Government?

☐ Yes ☐ No ☐ Unsure

Do you need help applying for a Home Care Package?

☐ Yes ☐ No ☐ Maybe

Is there any other feedback you'd like to provide?

Take a photo of this completed form and email to info@catholiccaredbb.org.au or text a photo of the form to 0481 602 046. Thank you.



CATHOLIC
ARCHDIOCESE
OF SYDNEY



IN
PERSON
with

CHRISTOPHER WEST
THEOLOGY
of the **BODY I**

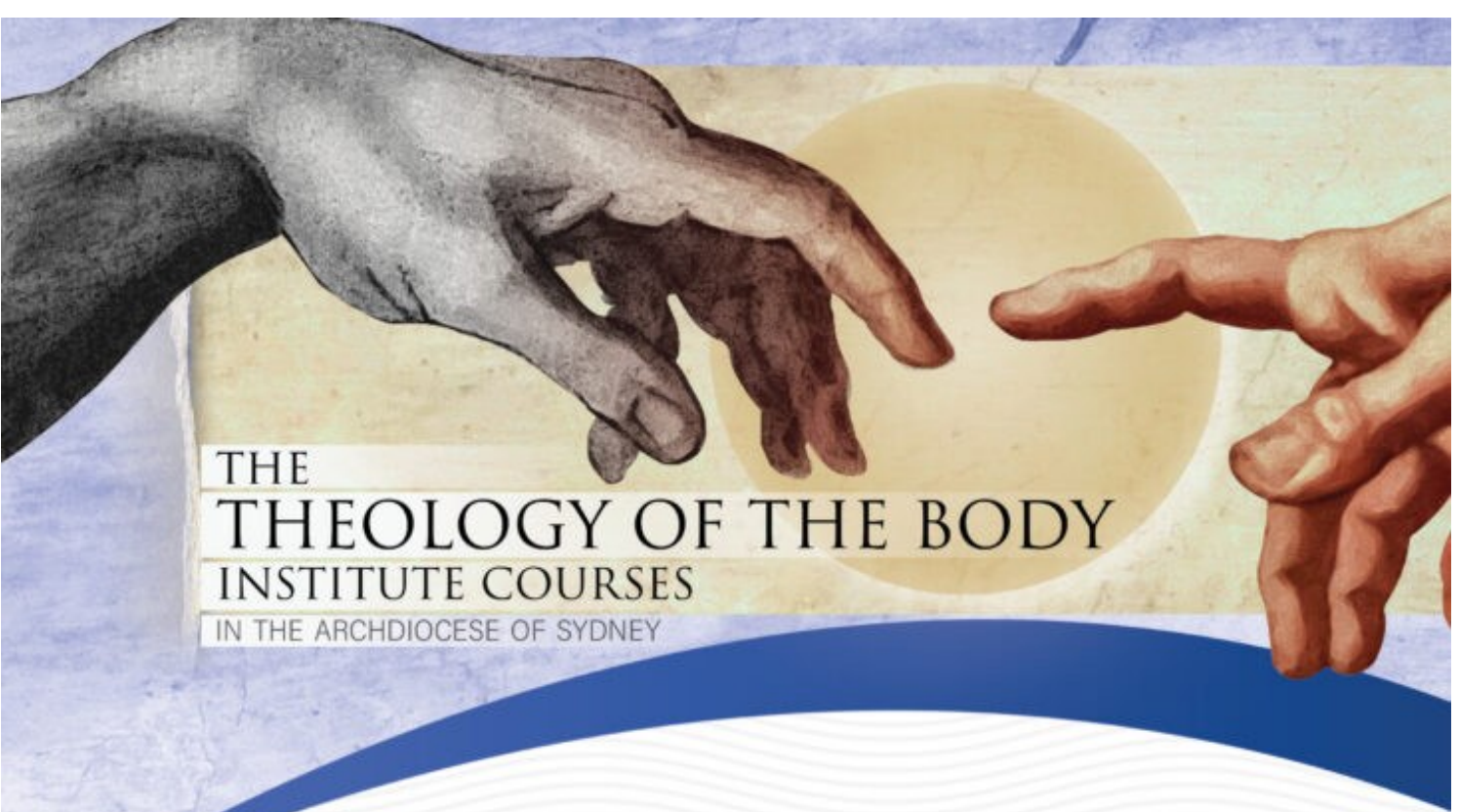
HEAD & HEART IMMERSION

PRESENTED BY TOB INSTITUTE

TOBI.SYDNEYCATHOLIC.ORG

18-23 JANUARY 2026

Benedict XVI Retreat Centre



THE THEOLOGY OF THE BODY INSTITUTE COURSES

IN THE ARCHDIOCESE OF SYDNEY

“ And this is why it's already changing so many lives around the world. The Pope's teaching helps us distinguish between the real million-dollar bill and the counterfeit. It helps us 'untwist' our disordered desires and orients us towards the love that truly satisfies.

- Christopher West.

As part of its commitment to leadership and formation, expressed in the mission plan Go Make Disciples, the Sydney Centre for Evangelisation in the Archdiocese of Sydney has partnered with the Theology of Body (TOB) Institute to provide more accessible opportunities for Catholics in Sydney and beyond to be trained and formed in the Theology of the Body as proclaimed by St. John Paul II.

The TOB Institute are the leading providers of outreach and educational offerings of Theology of the Body and are dedicated to making these profound riches available in the lives of men and women around the world.

Through this partnership, our hope is that Australians are introduced and re-energised with this most important and crucial 'masterwork' and reach men and women in every state of life with a hopeful, liberating vision of human identity that appeals to the deepest yearnings of the heart for love and union.

“ It is a huge blessing to be doing this course together with my husband, as it has opened the way for us to share more deeply with each other and understand each other better as husband and wife.

- Jane, Wife and Doctor ”



THEOLOGY OF THE BODY I: HEAD & HEART

IMMERSION COURSE

18-23 JANUARY 2026

3PM SUNDAY TO 1PM FRIDAY

Benedict XVI Retreat Centre, Grose Vale

- Five and a half days of live-in learning & interactive lectures (30 hours of graduate/master's level instruction)
- All course workbook and materials to help you focus more on listening and receiving
- Daily Mass, adoration, and confession
- 5-night accommodation in a **twin shared room** and delicious meals throughout the week
- Time for relaxation and networking
- Gorgeous retreat setting grounds to soak in God's natural beauty

Course Description

This course is a dynamic introduction to St John Paul II's groundbreaking *Theology of the Body* — a series of teachings from his 129 Wednesday addresses — that explore what it means to be human, made in God's image, and called to love.

Students will unpack themes like identity, freedom, gender, vocation, fall and redemption, and discover how our deepest desires can be a path to God — not a detour.

More than just head knowledge, this course invites a journey from insight to transformation — from head to heart, and into daily life.

Learning Objectives

The course is designed to:

- Explore and understand the philosophical foundation on which John Paul II built his theology of the body;
- Synthesize John Paul II's "adequate anthropology" and apply it to the Christian vocations of celibacy and marriage;
- Apply John Paul II's anthropology to a range of questions such as sexual morality, bio-ethics, gender issues, the sacramental life, and the new evangelization;
- Evaluate alternative anthropologies in comparison and contrast with John Paul II's vision of man and woman;
- Integrate the principles of John Paul II's Theology of the Body in one's own life and relationships.

This course is perfect for adults (18+) - lay, clergy, seminarians, religious, ministry leaders, parish coordinators, teachers and those who have a passion and desire to dive deeper into "the rediscovery of the meaning of the whole of existence, the meaning of life". No prerequisite is required to take this course.

“ The Theology of the Body Institute takes the great scholarship of St John Paul II and translates it into a language, images, music and stories that are understandable and resonate in the heart of the average person.
- Christopher West. ”

“ The greatest gift Theology of the Body gave me as an affirmation that the deepest longings, desires and yearnings of my own heart for love, fulfillment and intimacy were not only good but holy.
- Marie, university student ”

Meet your Instructors and Team:

CHRISTOPHER WEST



Dr Christopher West is the most dynamic and compelling evangelists renowned for his mission in spreading the teachings of St John Paul II's Theology of the Body. His global lecturing, best-selling books and multiple audio and video programs have made him the world's most recognised teacher of St John Paul II's "Theology of the Body" – a bold, biblical vision of love and sexuality. He is the co-founder, president and senior lecturer of Theology and Christian Anthropology at the Theology of the Body Institute and a devoted husband and father.

JASON CLARK



Since 2010, Jason has served as Christopher's closest collaborator in overseeing the global mission and outreach of spreading St. John Paul II's Theology of the Body. He has a passion for drawing people closer to the heart of Christ and has been doing so since the early 1990s as a youth and young adult minister, a seminarian, a worship leader, a speaker throughout the United States and abroad, and, most importantly, as a husband and father of five.



**LIFE, MARRIAGE
AND FAMILY**
SYDNEY CENTRE FOR EVANGELISATION

The **Life, Marriage and Family** team in the Sydney Centre for Evangelisation serves parish communities through initiatives that affirm the dignity of the human person and build a culture that supports marriages and families in their vocations. We provide opportunities for spiritual encounter, growth and formation in the areas of RCIA, sacramental life, marriage, family life and men's and women's ministry.

VISIT: www.sydneycatholic.org/lmf

The team will serve as your local support and point of contact for any queries about the program. They will also be present to assist with any needs during the course.

**REGISTRATION
INFORMATION**
REGISTRATIONS CLOSE
8 DECEMBER 2025



EARLY EXPRESSIONS OF INTEREST

- **Cost:** \$2100 AUD
- **Inclusion:** Immersion Course with all materials, five nights (twin-shared occupied) accommodation and meals.
- **Apply:** tobi.sydneycatholic.org

CATHOLICCARE BROKEN BAY

Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress. We work with you, assisting you to face challenges and stressors, coming up with suggestions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit www.catholiccaredbb.org.au.



Key Telephone Numbers

KEY TELEPHONE NUMBERS

POLICE: 000

Call the Police for immediate assistance.

1800 RESPECT: 1800 737 732

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

FOR NON-ENGLISH SPEAKERS

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

CATHOLICARE BROKEN BAY

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 1800 324 924	Northern Beaches: 1800 324 924
Naremburn: 1800 324 924	Waitara: 1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

Immigration Advice and Rights Centre	02 8234 0777
Immigrant Women's SpeakOut Association	1800 656 463
Legal Aid NSW	1300 888 529 (business hours)

PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download www.bbcatholic.org.au

www.bbcatholic.org.au



**CATHOLIC
DIOCESE OF
BROKEN BAY**

SAFEGUARDING is everyone's responsibility



Everyone must
practice **A DUTY OF
CARE**. We are called to
step up and speak out.

Need to be listening &
watching to understand
if there are any
concerns and take them
seriously



Tell one of our
designated persons in
authority

- Fr Raúl 0450 115 099
- Maureen Roast 0435 245 849
- Anne Hooley 0428 149 793

Contact will be made
with Diocesan
Safeguarding Office



Our Community is
SAFE